Monroe Center for Healthy Aging

November Evening Meals

Served 4:15 to 6:00 p.m.

Main Choice: $3 for dine-in / $4 for carry-out

October 26 Island Meat Balls Brown & Wild Rice Normandy Vegetables Cottage Cheese	27 Chicken Pot Pie Dinner Roll Fruit	28 Apple Butter Pork Stuffing Vegetable Fruit	29 Pizza – Pepperoni Or Vegetable Side Salad
2 Chicken Legs Red Skin Potatoes Vegetable Cottage Cheese	3 Chimichangas Refried Beans Tortilla Chips & Salsa Sour Cream	4 Baked Potato Bar with Chili, Cheese, Broccoli, Bacon Fresh Fruit	5 Spaghetti Green Beans Garlic Bread Fruit
9 Chicken Caesar Wraps Veggie Chips Celery Salad Fruit	10 Roast Beef Mashed Potatoes Green Beans Fruit	11 Pork Chops with Sauerkraut Mashed Potatoes Broccoli Applesauce	12 Swiss Steak Mashed Potatoes Stewed Tomatoes Fruit
16 Sloppy Joes Potato Salad Baked Beans	17 Grilled Chicken Red Skin Potatoes Side Salad Fruit	18 Baked Cod Country Potatoes Vegetable Cole Slaw	19 Pork Loin Roast with Potatoes, Carrots, Celery Applesauce
23 Turkey Rueben with Swiss on Rye Sweet Potato Fries Celery Salad	24 Grilled Chicken Brown & Wild Rice Broccoli Fruit	25 Bean and Ham Soup Corn Bread Banana & Pineapple	26 Thanksgiving No Evening Meal

Milk Shake are available on Monday Nights — $2.00

Wednesday is Sundae Night – $2.00 Chocolate, Caramel, or Strawberry