

30 Rib Dinner \$6 Special 11 to 1 p.m.	1 Medicare with Jackie 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 11:30 LUNCH & LEARN Dr. Emily & Sound Bath 12:00 Pinochle 1:00 Dancing 3:00 Balance	2 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers 7:00 Coin Club	3 Birthday Dinner Medicare with Joyce 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance	4 Medicare with Jackie by appointment 9:00 Balance Exercise 10:15 Chair Yoga 11:30 Library in Motion Noon Class of '69 7:00 Model A Club	5 Medicare with Joyce 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet	6 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle
7 Sunday Dinner 11 a.m. to 1 p.m.	8 Canasta Medicare with Jackie 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 1:00 Writing with Betsy 12:00 Chat with Roberts 12:00 Pinochle 1:00 Dancing / 3:00 Balance	9 Class of '58 MCOP Support Services 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers Christmas Party	10 Monroe Senior Legal 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 1:30 Movie 3:00 Balance 5:00 Trivia w/JoAnn aka Mikie and Louise	11 Medicare with Jackie by appointment 9:00 Balance Exercise 10:15 Chair Yoga 4:30 Let's Talk Health with Maurine	12 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet Mable Kehres residents' Christmas Dinner	13 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle
14 Bingo Cards 1:30 Play at 2:00 Sunday Dinner 11 a.m. to 1 p.m.	15 Newsletter Crew Medicare with Jackie 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics Noon Classes of '65 & '66 12:00 Pinochle 1:00 Dancing 3:00 Balance	16 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers	17 Class of '67 BK Center's Christmas 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance	18 Medicare w/ Jackie by appt. 9:00 Balance Exercise 10:15 Chair Yoga 11:30 Health Odyssey 1:00 Book Club 2:00 Writing Class 3:00 Craft— Sign up	19 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 11:30 LUNCH & LEARN "Walk in My Shoes" 12:00 Knit / Crochet	20 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle
21 Sunday Dinner 11 to 1 p.m.	22 Canasta 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 12:00 Pinochle 1:00 Dancing 3:00 Balance	23 MCOP Support Services 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers	24 Christmas Eve 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle Center open 8:00 a.m. to 2:00 p.m.	25 Center open 10 to 2:00 Christmas Dinner 11:00 to 1:00 p.m. \$8 per person Please register 734.241.0404	26 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet Center open 8:00 a.m. to 2:00 p.m.	27 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle
28 Rib Dinner \$6 Special 11 to 1 p.m.	29 Canasta 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 12:00 Pinochle 1:00 Dancing / 3:00 Balance	30 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers	31 New Year's Eve Soup & Sandwich Day 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle Center open 8:00 to 2:00	December 2025 		