

 January 2026			31 New Year's Eve Soup & Sandwich Day 12:00 Pinochle Center open 8:00 to 2:00	1 New Year's Day Center open 8:00 to 2:00	2 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet Open 8:00 to 2:00	3 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle
4 Sunday Dinner 11 a.m. to 1 p.m.	5 Lunch & Learn Ford Retirees 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 12:00 Pinochle 1:00 Dancing 3:00 Balance	6 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers 7:00 Coin Club	6 Birthday Dinner 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance	8 Medicare with Jackie by appointment 9:00 Balance Exercise 10:15 Chair Yoga 11:30 Library in Motion Noon Class of '69 1:30 Habits for Health 7:00 Model A Club	9 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet	10 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle
11 Bingo Cards 1:30 Play at 2:00 Sunday Dinner 11 a.m. to 1 p.m.	12 Canasta 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 1:00 Writing with Betsy 12:00 Pinochle 1:00 Dancing 3:00 Balance	13 Class of '58 MCOP Support Services 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo	14 Monroe Senior Legal 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 1:30 Movie 3:00 Balance 5:00 Trivia w/JoAnn aka Mikie and Louise	15 Medicare with Jackie by appointment Lunch & Learn 9:00 Balance Exercise 10:15 Chair Yoga 4:30 Let's Talk Health with Maurine	16 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet 4:00 Bingo with Kaye Lani Rafko-Wilson	17 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle
18 Sunday Dinner 11 a.m. to 1 p.m.	19 Newsletter Crew 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics Noon Classes of '65 & '66 12:00 Pinochle 1:00 Dancing 3:00 Balance	20 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers	21 Class of '67 BK 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance	22 Medicare w/ Jackie by appt. 9:00 Balance Exercise 10:15 Chair Yoga 11:30 Health Odyssey 1:00 Book Club 2:00 Writing Class 3:00 Craft— Sign up	23 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet	24 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle
25 \$6 BBQ RIB Dinner 11 to 1 p.m.	26 Canasta 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 12:00 Pinochle 1:00 Dancing 3:00 Balance	27 MCOP Support Services 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers	28 Monroe Senior Legal 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance	29 Medicare with Jackie by appointment 9:00 Balance Exercise 10:15 Chair Yoga	30 Soup & Sandwich Day 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet	27 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle