

<p>31 Sunday Dinner 11 a.m. to 1 p.m.</p>	<p>1 Ford Retirees 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 12:00 Pinochle 1:00 Dancing 3:00 Balance</p>	<p>2 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 4:15 Tai Chi 6:00 Woodcarvers 7:00 Coin Club</p>	<p>3 Birthday Dinner 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 BP Checks 12:00 Pinochle 3:00 Balance</p>	<p>4 Medicare with Jackie by appointment 9:00 Balance Exercise 10:15 Chair Yoga 11:30 Library in Motion Noon Class of '69 4:15 Tai Chi 7:00 Model A Club</p>	<p>5 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet 4:00 Potluck & Music Trivia</p>	<p>6 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle</p>
<p>7 Sunday Dinner 11 a.m. to 1 p.m.</p>	<p>8 Ford Retirees Canasta 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 12:00 Pinochle 1:00 Writing with Betsy 1:00 Dancing/3:00 Balance</p>	<p>9 Class of '58 MCOP Support Services 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 4:15 Tai Chi 6:00 Woodcarvers</p>	<p>10 Monroe Senior Legal 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 1:30 Movie 3:00 Balance 5:00 Trivia w/JoAnn aka Mikie and Louise</p>	<p>11 Medicare with Jackie by appointment 9:00 Balance Exercise 10:15 Chair Yoga 1:30 Habits for Health 4:15 Tai Chi 4:30 Let's Talk Health with Maurine</p>	<p>12 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Flag Day 11:30 Pinochle 12:00 Knit / Crochet</p>	<p>13 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle</p>
<p>14 Bingo Cards 1:30 Play at 2:00 Sunday Dinner 11 a.m. to 1 p.m</p>	<p>15 Newsletter Crew 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 11:30 LUNCH & LEARN Noon Classes of '65 & '66 12:00 Pinochle 1:00 Dancing / 3:00 Balance</p>	<p>16 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 4:15 Tai Chi 6:00 Woodcarvers</p>	<p>17 Class of '67 BK 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 2:00 The Affinity Group 3:00 Balance</p>	<p>18 Medicare with Jackie by appointment 9:00 Balance Exercise 10:15 Chair Yoga 3:00 Craft— Sign up 4:15 Tai Chi</p>	<p>19 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet 4:00 Spaghetti Dinner and Lip Sync</p>	<p>20 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle</p>
<p>21 Father's Day Sunday Dinner 11 a.m. to 1 p.m</p>	<p>22 Canasta 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 11:30 LUNCH & LEARN 12:00 Pinochle 1:00 Dancing / 3:00 Balance</p>	<p>23 MCOP Support Services 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 4:15 Tai Chi 6:00 Woodcarvers</p>	<p>24 Monroe Senior Legal 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance</p>	<p>25 Medicare with Jackie by appointment 9:00 Balance Exercise 10:15 Chair Yoga 11:30 Health Odyssey 1:00 Book Club 2:00 Writing 4:15 Tai Chi</p>	<p>26 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet</p>	<p>27 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle</p>
<p>28 \$6 BBQ RIB Dinner 11 to 1 p.m.</p>	<p>29 Canasta 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 12:00 Pinochle 1:00 Dancing 3:00 Balance</p>	<p>30 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 4:15 Tai Chi 6:00 Woodcarvers</p>				